# 2022 Coupon Insert Schedule HowtoShopForFree.Net 

| January | February |
| :---: | :---: |
| 2 - (2) RetailMeNot \& (3) SmartSource | 6 - (1) RetailMeNot \& (1) SmartSource |
| 9 - (1) RetailMeNot \& (1) SmartSource | 13 - (1) RetailMeNot (President's Day) |
| 16- (1) RetailMeNot and (1) SmartSource | 20 - (1) RetailMeNot \& (1) SmartSource |
| 23 - (2) RetailMeNot and (1) SmartSource | 27 - (2) RetailMeNot, (1) SmartSource, \& (1) P\&G |
| 30 - (2) RetailMeNot, (1) SmartSource, and (1) P\&G |  |
| March | April |
| 6 - (1) RetailMeNot \& (1) SmartSource | 3 - No Inserts (Easter) |
| 13 - (1) RetailMeNot | 10 - (1) RetailMeNot \& (1) SmartSource |
| 20 - (1) RetailMeNot \& (1) SmartSource | 17 - (1) RetailMeNot \& (1) SmartSource |
| 27 - (1) RetailMeNot, (2) SmartSource, \& (1)P\&G | 24 - (1) RetailMeNot, (1) SmartSource \& (1) P\&G |
| May | June |
| 1 - (2) RetailMeNot \& (1) SmartSource | 5 - (1) RetailMeNot \& (1) SmartSource |
| 8 - (1) RetailMeNot \& (1) SmartSource | 12 - (1) RetailMeNot \& (1) SmartSource |
| 15 - (1) RetailMeNot \& (1) SmartSource | 19 - (1) RetailMeNot \& (1) SmartSource |
| 22 - (1) RetailMeNot \& (1) SmartSource <br> 29 - (1) P\&G (Memorial Day) | 26 - (1) RetailMeNot \& (1) SmartSource |
| July | August |
| 3 - (1) RetailMeNot \& (1) P\&G (Independence Day) | 7 - (2) RetailMeNot \& (1) SmartSource |
| 10 - (1) RetailMeNot \& (1) SmartSource | 14 - (1) RetailMeNot \& (1) SmartSource |
| 17 - (1) RetailMeNot \& (1) SmartSource | 21 - (1) RetailMeNot \& (1) SmartSource |
| 24 - (1) RetailMeNot \& (1) SmartSource | 28 - (1) RetailMeNot, (1) SmartSource, \& (1) P\&G |
| 31 - (1) RetailMeNot, (1) SmartSource, \& (1) P\&G |  |
| September | October |
| 4 - (1) RetailMeNot (Labor Day) | 2 - (1) RetailMeNot \& (1) SmartSource |
| 11 - (1) RetailMeNot \& (2) SmartSource | 9 - (1) RetailMeNot \& (1) SmartSource |
| 18 - (1) RetailMeNot \& (1) SmartSource | 16 - (1) RetailMeNot \& (1) SmartSource |
| 25 - (1) RetailMeNot, (1) SmartSource, \& (1) P\&G | 23 - (1) RetailMeNot \& (1) SmartSource <br> 30 - (1) RetailMeNot, (1) SmartSource, \& (1) P\&G |
| November | December |
| 6 - (1) RetailMeNot \& (1) SmartSource | 4 - (1) RetailMeNot \& (1) SmartSource |
| 13 - (1) RetailMeNot \& (1) SmartSource | 11 - (1) RetailMeNot \& (1) SmartSource |
| 20 - (1) RetailMeNot \& (1) SmartSource | 18- No Inserts |
| 27 - (1) P\&G (Thanksgiving) | 25 - (1) P\&G (New Year) |

